

### PERSONAL DETAILS

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|------------------------------------------------------|-------------------------------------------------------------------------------------------|
| First and Last Name                                  | Ambra Mara Giovannetti                                                                    |
| Fiscal Code                                          | GVNMRM84S46F205J                                                                          |
| Nazionalità                                          | Italian                                                                                   |
| e-mail                                               | ambra.giovannetti@hotmail.it                                                              |
| H index                                              | 25 (SCOPUS AUTHOR ID: 49461146000)                                                        |
| ORCID                                                | <a href="https://orcid.org/0000-0002-7496-6727">https://orcid.org/0000-0002-7496-6727</a> |
| Italian Register of psychologist and Psychotherapist | n°: 03/13323 since 11/02/2010                                                             |

### EDUCATIONAL QUALIFICATIONS

|                        |                                                                                                                                                                                                                                        |
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| <u>Training Period</u> | <b>15/07/2025</b>                                                                                                                                                                                                                      |
| Institution            | PESI Italia                                                                                                                                                                                                                            |
| Qualification reached  | <b>TIST (TRAUMA-INFORMED STABILIZATION TREATMENT) Level II with Prof. Janina Fisher</b>                                                                                                                                                |
| <u>Training Period</u> | <b>28/02/2025</b>                                                                                                                                                                                                                      |
| Institution            | PESI Italia                                                                                                                                                                                                                            |
| Qualification reached  | <b>Il Protocollo EMDR di Gruppo: applicazioni cliniche e in maxi-emergenza</b>                                                                                                                                                         |
| <u>Training Period</u> | <b>22-24/11/2024</b>                                                                                                                                                                                                                   |
| Institution            | Compassionate Mind Italia                                                                                                                                                                                                              |
| Qualification reached  | <b>Compassion Focused Therapy level II</b>                                                                                                                                                                                             |
| <u>Training Period</u> | <b>25/08/2024</b>                                                                                                                                                                                                                      |
| Institution            | PESI Italia                                                                                                                                                                                                                            |
| Qualification reached  | <b>Trauma riproduttivo. Strumenti essenziali per l'infertilità, la perdita in gravidanza, il trauma da parto e i disturbi psichici perinatali with Dr. Janet Jaffe</b>                                                                 |
| <u>Training Period</u> | <b>From 16/06/2023 to 15/06/2024</b>                                                                                                                                                                                                   |
| Institution            | PESI Italia                                                                                                                                                                                                                            |
| Qualification reached  | <b>TIST (TRAUMA-INFORMED STABILIZATION TREATMENT) Level I with Prof. Janina Fisher</b>                                                                                                                                                 |
| <u>Training Period</u> | <b>25-27/11/2023</b>                                                                                                                                                                                                                   |
| Institution            | Compassionate Mind Italia                                                                                                                                                                                                              |
| Qualification reached  | <b>Compassion Focused Therapy level I</b>                                                                                                                                                                                              |
| <u>Training Period</u> | <b>From 21/11/2021 to 12/06/2022</b>                                                                                                                                                                                                   |
| Institution            | Centro di Terapia Metacognitiva Interpersonale di Roma                                                                                                                                                                                 |
| Qualification reached  | <b>Metacognitive Interpersonal Therapy (TMI) level I, II and III</b>                                                                                                                                                                   |
| <u>Training Period</u> | <b>From 01/11/2017 to 07/10/2022</b>                                                                                                                                                                                                   |
| Institution            | School of Psychology - University of Queensland, QLD Australia                                                                                                                                                                         |
| Qualification reached  | <b>International Ph.D.</b><br>Thesis: Resilience Training for People with Multiple Sclerosis (MS): Development, and Evaluation of the Australian READY Program in Italy (READY It MS Project).<br>Advisors: Prof. Pakenahm; Dr. Solari |
| <u>Training Period</u> | <b>03-05 2018</b>                                                                                                                                                                                                                      |
| Institution            | EMDR Italia                                                                                                                                                                                                                            |
| Qualification reached  | <b>EMDR level I &amp; II</b>                                                                                                                                                                                                           |
| <u>Training Period</u> | <b>from 9/2010 to 2/2014</b>                                                                                                                                                                                                           |
| Institution            | SIPRe (Italian Society of Relational Psychoanalysis), via Carlo Botta 25, 20135 Milano (grade: 110 cum laude)                                                                                                                          |
| Qualification reached  | <b>Post graduate education in Psychotherapy (Specializzazione in psicoterapia)</b>                                                                                                                                                     |
| <u>Training Period</u> | <b>08/02/2014</b>                                                                                                                                                                                                                      |
| Institution            | Fondazione Italiana Sclerosi Multipla - FISM                                                                                                                                                                                           |
| Qualification reached  | <b>Accreditation for the use of FIM, Functional Independence Measure</b>                                                                                                                                                               |
| <u>Training Period</u> | <b>from 01/2011 to 05/2011</b>                                                                                                                                                                                                         |
| Institution            | Catholic University of Milan, Largo Frà Agostino Gemelli, 1 20123 Milan (Italy)                                                                                                                                                        |
| Qualification reached  | <b>Disability Manager</b>                                                                                                                                                                                                              |
| <u>Training Period</u> | <b>from 26/01/2009 to 30/11/2009</b>                                                                                                                                                                                                   |
| Institution            | Rorschach and integrated psychodiagnostics assessment Italian Institute (IRPSI Istituto Italiano Rorschach e psicodiagnostica Integrata), Viale Caldara 20, 20122 Milano (Italy)                                                       |
| Qualification reached  | <b>Post-degree course: The Rorschach test with the J.E. Exner Jr comprehensive system, and the integrated psychodiagnostic</b>                                                                                                         |

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| <u>Training period</u> | from 10/2006 to 02/2009                                                                                                                                                                                                |
| Institution            | University of Milano-Bicocca - Piazza dell'Ateneo Nuovo, 1 - 20126, Milano (Italy)                                                                                                                                     |
| Qualification reached  | <b>Master Degree in Clinical Psychology and Neuropsychology</b> (grade: 110 cum laude). Degree thesis: "Multi-instrumental assessment (WHO-DAS II, HoNOS, QPF and ROQ) of treatment efficacy of psychothotic patients" |
| <u>Training period</u> | from 01/11/2006 to 03/05/2008                                                                                                                                                                                          |
| Institution            | "Association for research in psychotherapy"- A.R.P. Associated study, Piazza Sant' Ambrogio 16, 20123 Milan (Italy)                                                                                                    |
| Qualification reached  | <b>Post-degree course: "Theory and instruments for the assessment of psychological functioning"</b> .                                                                                                                  |
| <u>Training period</u> | from 10/2003 to 10/2006                                                                                                                                                                                                |
| Institution            | University of Milano-Bicocca - Piazza dell'Ateneo Nuovo, 1 - 20126, Milano (Italy)                                                                                                                                     |
| Qualification reached  | <b>Bachelor Degree in Psychology</b> (grade: 110 cum laude). Degree thesis: "ERPs indicis of lessical and syntactic integration in the aphasic syndrome".                                                              |
| <u>Training period</u> | from 1998 to 2003                                                                                                                                                                                                      |
| Institution            | Liceo scientifico statale Donatelli -Pascal, viale Campania, Milan (Italy)                                                                                                                                             |
| Qualification reached  | <b>Scientific High School Diploma</b> (grade: 99/100)                                                                                                                                                                  |

## **EMPLOYMENT HISTORY**

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| <u>Working period</u>          | From 01/11/2023 up to date                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Institution                    | <b>Università di Torino, Dipartimento di Psicologia</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Role                           | Research Fellow                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Type of Contracts and duration | Research fellowship (from 01/11/2023 to 31/10/2025)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Projects                       | <ul style="list-style-type: none"> <li>- "Identifying <i>health-related quality of life domains to develop an item bank for multidimensional computerized adaptive</i>", granted by the Italian Multiple Sclerosis Society (Chief investigator: R Rosato)</li> <li>- "PREferences related to Quality Of Life attributes in Multiple Sclerosis: patient and health professionals' views [PREQOLIMS]", granted by MIUR Progetti di rilevante interesse nazionale (Chief investigator: R Rosato)</li> <li>- <i>Identifying Health-Related Quality of Life Domains for the Development of an Intervention to Enhance HRQoL in Individuals with Neuromyelitis Optica Spectrum Disorder (NMOSD) and Myelin Oligodendrocyte Glycoprotein Antibody-Associated Disease (MOGAD)</i> (Chief investigator: R Rosato)</li> </ul> |
| <u>Working period</u>          | From 01/01/2014 up to date                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Institution                    | <b>Private practice</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Role                           | Clinical psychologist and psychotherapist                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <u>Working period</u>          | From 19/01/2023 up to date                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Institution                    | <b>Associazione Italiana Sclerosi Multipla - Sezione di Milano e Sede Nazionale</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Role                           | Clinical psychologist and psychotherapist; responsible of the support of the member of the "Numero Verde" equipe                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Type of Contract               | Consultant                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <u>Working period</u>          | Form 16/8/2022 up to date                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Institution                    | <b>Fondazione IRCCS Istituto Neurologico Carlo Besta, Via G. Celoria 11, 20133, Milan (Italy)</b><br>Department of Neuroimmunology and Neuromuscular Diseases, Multiple Sclerosis Centre.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Role                           | Researcher (quantitative and qualitative methods) and clinical psychologist, psychotherapist dedicated to psychological support of patients with neurological disease.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Type of Contracts and duration | Consultant (from 16/8/2022 to date)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Projects                       | <ul style="list-style-type: none"> <li>- "Italian set up of the program "REsilience and Activity every DaY for MS", of outcomes, and pilot assessment of efficacy using a mixed methodology (READY-It-MS)" granted by the Italian Multiple Sclerosis Society (Chief investigator: <b>AM Giovannetti</b>)</li> <li>- "Longitudinal pilot study on a guided web-based mindfulness program for people with multiple sclerosis in the time of COVID-19 (CONdiVIDere)", independent trial (Chief investigator: <b>AM Giovannetti</b>)</li> <li>- "Impact of immune-FRAGilities on COVID-19 susceptibility and severity" (FRACOVID; Chief investigator: <b>R Mantegazza</b>)</li> </ul>                                                                                                                                   |

- “Attivazione Case Manager per patologie croniche neurologiche ad alto impatto assistenziale: Sclerosi Multipla” (Chief investigator: **R Mantegazza**)

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| <u>Working period</u>          | From 1/06/2017 to 31/10/2020                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Institution                    | <b>Fondazione IRCCS Istituto Neurologico Carlo Besta, Via G. Celoria 11, 20133, Milan (Italy)</b><br>Unit of Neuroepidemiology                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Role                           | Researcher (quantitative and qualitative methods) and clinical psychologist, psychotherapist dedicated to psychological support of patients with neurological disease.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Type of Contracts and duration | Fondazione Italiana Sclerosi Multipla (FISM) Senior Scholarship                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Projects                       | <ul style="list-style-type: none"> <li>– “Italian set up of the program “REsilience and Activity every DaY for MS”, of outcomes, and pilot assessment of efficacy using a mixed methodology (READY-It-MS)” granted by the Italian Multiple Sclerosis Society (Chief investigator: <b>AM Giovannetti</b>)</li> <li>– “A cross-country validation of the Comprehensive assessment of Acceptance and Commitment Therapy processes (CompACT) for its use with people with multiple sclerosis - “CompACT for MS” (Chief investigator: <b>AM Giovannetti</b>)</li> <li>– “Longitudinal pilot study on a guided web-based mindfulness program for people with multiple sclerosis in the time of COVID-19 (COndiVIDere), independent trial” (Chief investigator: <b>AM Giovannetti</b>)</li> </ul> |

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| <u>Working period</u>          | From 1/05/14 to 22/05/2017                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Institution                    | <b>Fondazione IRCCS Istituto Neurologico Carlo Besta, Via G. Celoria 11, 20133, Milan (Italy)</b><br>Department of Neuroimmunology and Neuromuscular Diseases, Multiple Sclerosis Centre.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Role                           | Researcher (quantitative and qualitative methods) and clinical psychologist, psychotherapist dedicated to psychological support of patients with neurological disease.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Type of Contracts and duration | Coordinated and Continuative Collaboration Contract:<br>From 1/05/2014 to 30/04/2015<br>From 1/05/2015 to 30/04/2016<br>From 23/05/2016 to 22/05/2017                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Projects                       | <ul style="list-style-type: none"> <li>– “Managing the transition (ManTra) - A multifaceted resource for persons with secondary progressive MS and their health professionals. Phase 1: Construction of the resource” granted by the Italian Multiple Sclerosis Society (Chief investigator: Dr. Solari, co-chief investigator: <b>AM Giovannetti</b>)</li> <li>– “The Palliative Network for Severely Affected Adults with Multiple Sclerosis in Italy (PeNSAMI) Phase 2: A multicenter phase II/III randomized, single blind clinical trial of home-based palliative care vs. standard care for people with severe MS and their carers, and nested qualitative study” (ISRCTN73082124), granted by the Italian Multiple Sclerosis Society (Chief investigator: Dr. A Solari).</li> <li>– “Autonomy preferences, risk knowledge and decision making performance in MS patients” (AutoMS; <a href="http://www.automsproject.org">www.automsproject.org</a>), granted by the Italian Multiple Sclerosis Society and by the Hertie Foundation (Chief investigator: Dr. A Solari, co-chief investigator: Prof. C Heesen, University of Hamburg).</li> <li>– “Development and validation of an abbreviated and electronic version of the MSQOL-54 -Multiple Sclerosis Quality of Life-54”, granted by the Italian Multiple Sclerosis Society (Chief investigator: R Rosato).</li> <li>– Illness representations in patients with multiple sclerosis seeking psychological support: a qualitative study (IR-MS). No profit study (Chief investigator: <b>AM Giovannetti</b>)</li> <li>– Emotional experience and adjustment to MS: a longitudinal pilot study (EEAD-MS). No profit study (Chief investigator: <b>AM Giovannetti</b>)</li> <li>– A Multicenter, Randomized, Double Blind, Placebo Controlled Study to Assess the Long-Term Efficacy and Safety of Prolonged Release Fampridine (BIIB041) 10 mg, Administered Twice Daily in Subjects with Multiple Sclerosis (ENHANCE), granted by Biogen Idec. (Chief investigator: Dr. P Confalonieri).</li> <li>– Perceived efficacy of salbutamol in persons with SMA: a mixed methods study. No profit study (Chief investigator: <b>AM Giovannetti</b>)</li> </ul> |

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| <u>Working period</u>        | From 01/06/2010 to 30/04/2014                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Institution                  | Fondazione IRCCS Istituto Neurologico Carlo Besta, Via G. Celoria 11, 20133, Milan (Italy)<br>Neurology, Public Health and Disability Unit- Headnet group - Scientific Directorate.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Role                         | Researcher (quantitative and qualitative methods)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Type of Contracts            | <u>Junior research scholarship</u><br>– From 01/06/2010 to 30/04/2011<br>– From 01/05/2011 to 30/04/2012<br><u>Senior research scholarship</u><br>– From 01/05/2012 to 30/04/2013<br>– From 01/05/2013 to 30/04/2014                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Projects                     | <ul style="list-style-type: none"> <li>– “Roddi”- New Robotic Platform for Rehabilitation of Children with Pervasive Developmental Disorders and Cognitive Impairments (Chief investigator: P Meucci), granted by Italian Ministry of Health.</li> <li>– “INCARICO” - modello di integrazione socio sanitaria nella presa in carico dei pazienti con disordine della coscienza. This project aimed at evaluating the health care pathways for persons with Disorders of consciousness, granted by “Centro per la Prevenzione e il Controllo Delle Malattie” (CCM) (Chief investigator: Dr. M Leonardi).</li> <li>– “Paradise” - Psychosocial factors Relevant to brain Disorders in Europe. Granted by the Coordination Theme 1 (Health) of the European Community's FP7, Grant Agreement No. HEALTHF2-2009-241572, (Chief investigator: A Cieza).</li> <li>– “Precious” - La PREsa in Carico delle persone con Grave Cerebrolesione Acquisita (GCA): rilevazione e Implementazione dei percorsi di cura e degli Strumenti di gestione. This project aimed at evaluating the health care pathways for persons with Disorders of consciousness, granted by “Centro per la Prevenzione e il Controllo Delle Malattie” (CCM) (Chief investigator: Dr. M Leonardi).</li> <li>– Coma Research Centre -CRC, granted by Lombardy Region (Chief investigator: Dr. M Leonardi). AM Giovannetti was involved in patients with DOC' neurological assessment and she was the responsible person of the studies about caregivers' burden.</li> <li>– “Sclerosi Multipla; disabilità e lavoro: progetto nazionale per lo sviluppo di protocolli di analisi basato sulla Classificazione Internazionale del Funzionamento della Disabilità e della Salute (ICF), dell'interazione persona-ambiente di lavoro, finalizzato al reinserimento e mantenimento lavorativo e sociale”. A project aimed at developing an ICF based questionnaire to evaluate PLwMS's difficulties in working activity, granted by INAIL (Chief investigator: Dr. R Mantegazza).</li> <li>– “DIS.CHRONIC” -Disability, quality of life and psychosocial difficulties in persons with Chronic Migraine associated to ‘Medication Overuse’, no profit study (chief investigator: A Raggi).</li> </ul> |
| <u>Working period</u>        | From 09/2011 to 09/2012                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Institution                  | School of education Department, University of Bergamo, Piazzale S. Agostino, 2, 24129 Bergamo (Italy)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Role                         | Teaching Assistant in the following course: “Psychodynamic” and “Psychodiagnostic Methods And Techniques” (Prof. Attà Negri)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <u>AWARDS</u>                | <ul style="list-style-type: none"> <li>– “Progetto Professionalità Ivano Becchi”, XVII Edition; granted by The Foundation “Banca del Monte di Lombardia”.</li> <li>– 2019 Statistical and Methodology Training Support Scholarship (University of Queensland)</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <u>VOLUNTARY ASSOCIATION</u> | Member of the board of “INSIEME. Associazione Amici Centro Sclerosi Multipla Fondazione IRCCS Istituto Neurologico “Carlo Besta”.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

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**RESEARCH PUBLICATIONS:**

- 1 Giordano A, De Panfilis L, Veronese S, Bruzzzone M, Cascioli M, Farinotti M, **Giovannetti AM**, Grasso MG, Kruger P, Lugaresi A, Manson L, Perin M, Pucci E, Solaro C, Ghirotto L, Solari A. User appraisal of a booklet for advance care planning in multiple sclerosis: a multicenter, qualitative Italian study. *Neurol Sci.* 2024 Mar;45(3):1145-1154. doi: 10.1007/s10072-023-07087-y. Epub 2023 Oct 10. PMID: 37816932; PMCID: PMC10858142. IF: 2.7
- 2 **Giovannetti AM**, Rosato R, Galán I, Toscano A, Anglada E, Menendez R, Hoyer J, Confalonieri P, Giordano A, Pakenham KI, Pöttgen J, Solari A. Cross-cultural validity and reliability of the comprehensive assessment of acceptance and commitment therapy processes (CompACT) in people with multiple sclerosis. *Qual Life Res.* 2024 May;33(5):1359-1371. doi: 10.1007/s11136-024-03609-z. Epub 2024 Feb 24. PMID: 38401014. IF: 3.440
- 3 **Giovannetti AM**, Quintas R, Maggiolo S, Quartuccio ME. Online mindfulness program (COndiViDeRe) for people with multiple sclerosis in the time of COVID-19: a pilot longitudinal study. *Disabil Rehabil.* 2023 Dec 3:1-9. doi: 10.1080/09638288.2023.2290690. Epub ahead of print. PMID: 38042990. IF: 2.439
- 4 Giordano A, Testa S, Bassi M, Cilia S, Bertolotto A, Quartuccio ME, Pietrolongo E, Falautano M, Grobberio M, Niccolai C, Allegri B, Viterbo RG, Confalonieri P, **Giovannetti AM**, Cocco E, Grasso MG, Lugaresi A, Ferriani E, Nocentini U, Zaffaroni M, De Livera A, Jelinek G, Solari A, Rosato R. Applying multidimensional computerized adaptive testing to the MSQOL-54: a simulation study. *Health Qual Life Outcomes.* 2023 Jun 25;21(1):61. doi: 10.1186/s12955-023-02152-8. IF: 3.077
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- 6 **Giovannetti AM**, Pakenham KI, Presti G, Quartuccio ME, Confalonieri P, Bergamaschi R, Grobberio M, Di Filippo M, Micheli M, Brichetto G, Patti F, Copetti M, Kruger P, Solari A. A group resilience training program for people with multiple sclerosis: Study protocol of a multi-centre cluster-randomized controlled trial (multi-READY for MS). *PLoS One.* 2022 May 2;17(5):e0267245. doi: 10.1371/journal.pone.0267245. PMID: 35500015; PMCID: PMC9060330. IF: 3.240
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**BOOK  
CHAPTER**

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**RESEARCH  
GRANT**

- "Managing the transition (ManTra) - A multifaceted resource for persons with secondary progressive MS and their health professionals. Phase 1: Construction of the resource" granted by the Italian Multiple Sclerosis Society (Chief investigator: Dr. Solari, co-chief investigator: AM Giovannetti)
- "Italian set up of the program "REsilience and Activity every DaY for MS", of outcomes, and pilot assessment of efficacy using a mixed methodology (READY-It-MS)" granted by the Italian Multiple Sclerosis

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Society (Chief investigator: AM Giovannetti)

- “A cross-country validation of the Comprehensive assessment of Acceptance and Commitment Therapy processes (CompACT) for its use with people with multiple sclerosis - “CompACT for MS” granted by Rehabilitation in Multiple Sclerosis - RIMS (Chief investigator: AM Giovannetti)

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*In compliance with the Italian legislative Decree no. 196 dated 30/06/2003, I hereby authorize you to use and process my personal details contained in this document. In compliance with the Italian D.P.R. no. 445 dated 28/12/2000, I hereby declare that this CV acts as self-certification.*

*Il presente curriculum vitae ha funzione di autocertificazione ai sensi del D.P.R. n. 445 del 28/12/2000. Autorizzo il trattamento dei dati personali contenuti nel mio curriculum vitae in base all'art. 13 del D. Lgs. 196/2003 e all'art. 13 GDPR 679/16.*

F.to  
(Ambra Mara Giovannetti)  
Milano, 15/10/2025