



## Francesco Restelli

**Date of birth:** 13/06/1991 | **Nationality:** Italian | **Gender:** Male | **Phone number:** (+39) 0223942411 (Work) | **Email address:** [francesco.restelli@istituto-besta.it](mailto:francesco.restelli@istituto-besta.it) | **Address:** Via Celoria, 11, 20133, Milan, Italy (Work)

### ● WORK EXPERIENCE

01/01/2023 – CURRENT Milan, Italy

**CONSULTANT NEUROSURGEON** FONDAZIONE IRCCS ISTITUTO NEUROLOGICO CARLO BESTA

31/12/2019 – 01/01/2023 Milan, Italy

**NEUROSURGERY RESIDENT** UNIVERSITY OF MILAN

Prof. Paolo Ferroli  
Head of Neurovascular Surgery Unit  
Fondazione IRCCS Istituto Neurologico Carlo Besta

31/12/2017 – 30/12/2019 Varese, Italy

**NEUROSURGERY RESIDENT** UNIVERSITY OF INSUBRIA

Prof. Davide Locatelli  
Head of Neurosurgery Department  
Ospedale di Circolo e Fondazione Macchi

05/2017 – 12/2017 Milan, Italy

**GENERAL MEDICINE DOCTOR SUBSTITUTE** DOTT.SSA FRANCA PIATTONI

08/2014 – 12/2017 Milan, Italy

**INTNERSHIP AND DEGREE INTNERSHIP** FONDAZIONE IRCCS ISTITUTO NEUROLOGICO CARLO BESTA

Fondazione Istituto Neurologico Carlo besta, Milan (Italy) Dr. Paolo Ferroli  
Department of Neurosurgery - Neurosurgery II

■ Active participant in many research programs concerning:

- cellular therapy for Glioblastoma treatment;
- thalamic surgery;
- complications in posterior fossa surgery;
- fluorescein-guided surgery of CNS lesions;
- ICG videoangiography in vascular and oncological cases in neurosurgery.

■ Publication of many scientific articles on international peer-reviewed journals

■ Publication and promotion of many abstract/posters/oral presentations at national and international congresses

Attendance for one year in the neurobiology laboratory of the Institute. This work period contributed to the publication of the thesis project on Cytotherapy in 2017.

01/2017 – 03/2017 Chaaria, Kenya

**MEDICAL VOLUNTEERING** COTTOLENGO MISSION HOSPITAL

Fratel Beppe Gaido ,General Director of the hospital  
Wards: General Medicine, Surgery.

10/2016 – 01/2017 Milan, Italy

**PROFESSIONAL ABILITATION INTNERSHIP UNIVERSITY OF MILAN**

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General Medicine doctor. Cinzia Volta, Milan (Italy)

Azienda Ospedaliera Luigi Sacco - Polo Vialba, Milan (Italy) Wards: Internal Medicine, General Surgery

07/2015 – 09/2015 Little Rock, United States

**RESEARCH FELLOWSHIP; LABORATORY ASSISTANT ARKANSAS NEUROSCIENCE INSTITUTE (ANI)**

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Dr. Ali F Krisht

Department of Neurosurgery

■ Active participant in many anatomical lab research programs

■ Publication of many abstract/poster/oral presentations at national and international congresses ■

Lab assistant in Hands-on dissection courses

■ Participant to many Hands-on dissection courses.

06/2014 – 08/2014 Ouagadougou, Burkina Faso

**MEDICAL VOLUNTEERING PAUL VI HOSPITAL**

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Abbè Joanny Kouama , General Director of the hospital

Wards: Peditry, General Medicine, Emergency department

2011 – 2015 Milan, Italy

**MEDICAL INTNERSHIP FODAZIONE IRCCS POLICLINICO E REGINA ELENA**

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Wards: Internal Medicine, Clinical Immunology, General Surgery, Emergency Surgery, Liver Transplants

2013 – 2014 Milan, Italy

**MEDICAL INTNERSHIP CENTRO CARDIOLOGICO MONZINO**

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Wards: Haemodynamic, Heart Surgery

● **EDUCATION AND TRAINING**

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01/2023 – 02/2024 Rome, Italy

**EUROPEAN VASCULAR AND ENDOVASCULAR SURGERY MASTER STUDY PROGRAM** Unicamillus University

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01/2023 – 01/2024 Italy

**SPINE ACADEMY STUDY PROGRAM** SiNCH

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05/2018

**USMLE STEP 1: PASS (222 PTS)** ECFMG

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26/02/2017 – CURRENT

**MEDICINE AND SURGERY PROFESSIONAL ABILITATION (ITALY), N. 44955** University of Milan

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2010 – 2016

**MEDICAL DOCTOR DEGREE** University of Milan

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Relatore: Prof. Mario Zavanone; Correlatore: Prof. Paolo Ferroli

**Final grade** 110/110 summa laude |

**Thesis** Terapia cellulare in neurochirurgia: studio sperimentale preliminare nel trattamento dei glioblasti

05/2017 – 12/2017 Milan, Italy

**BASIC LIFE SUPPORT (BLS) TEACHER**

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**● LANGUAGE SKILLS**

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Mother tongue(s): **ITALIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C2	C2	C2	C2	C2
<b>FRENCH</b>	A1	A1	A1	A1	A1

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user***● DIGITAL SKILLS**

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Padronanza del Pacchetto Office (Word Excel PowerPoint ecc) | Gestione autonoma della posta e-mail | Microsoft Office | Windows | Utilizzo del browser | Social Network

**● ADDITIONAL INFORMATION**

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**PUBLICATIONS**[ORCID link](#)[ResearchGate Link](#)

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**DRIVING LICENCE****Driving Licence:** A1**Driving Licence:** B**CONFERENCES AND SEMINARS**

- Courses and Congresses Participation**
1. "Unlocking the Cavernous Sinus - Hands-on Cadaver Dissection Course", Little Rock, Arkansas, USA, August 2015
  2. "Advanced course in Fibers Dissection - Hands-on Cadaver Dissection Course", Little Rock, Arkansas, USA, September 2015
  3. Annual Meeting of CNS, New Orleans, Louisiana, USA, September 2015
  4. "Cranial Neurosurgery: Complication Avoidance and Management", New Orleans, Louisiana, USA, September 2015
  5. "Open Aneurysm Surgery: A 3-D Practical Course", New Orleans, Louisiana, USA, September 2015
  6. "Tumors of the hypothalamic-hypopituitary region", Istituto Clinico Humanitas, Rozzano, Italy, November 2015
  7. "Workshop in Emergency Medicine: a systematic approach to the acute patient", Parco Maraini, Lugano, Switzerland, April 2016.
  8. "Circulating Brain Tumor Cells", Fondazione Istituto Neurologico C. Besta, Milan, Italy, April 2016
  9. "Il Coraggio del Medico: dal Paziente alla Società Civile", Università degli Studi di Milano, Milan, Italy, November 2016
  10. "First microsurgical innovation lab course: Endoscopic and Microsurgical Approaches to the Skull Base. Hands-On, Rozzano, Italy, February 2017.
  11. Annual Meeting of EANS (European Association of Neurosurgical Societies), Venice, Italy, October 2017
  12. "Diagnostica e trattamento dei meningiomi: stato dell'arte", Venice, Italy, May 2018
  13. 42° Congresso Nazionale della Società Italiana di Chirurgia Vertebrale - Gruppo Italiano Scoliosi, Venice, May 2019 - Course on anatomical models

14. "Annual Meeting of EANS (European Association of Neurosurgical Societies), Dublin, Ireland, September 2019
15. 70° Congresso Nazionale della Società Italiana di Neurochirurgia - SINCH, Milan, October 2021
16. Annual Meeting of EANS (European Association of Neurosurgical Societies), Belgrade, Serbia, October 2022
17. "Cadaver Dissection Course, spine surgery", Striker, Verona, November 2022
18. 72° Congresso Nazionale della Società Italiana di Neurochirurgia - SINCH, Padova, October 2023

## HONOURS AND AWARDS

10/2023

**"Giuseppe Carannante" Prize at SINCH 2023 - Padova – Bip Bip Onlus** Winner of the grant for spinal pathology for the work: *"Proposal of a new score system (Cervical Surgical Score) for management of degenerative cervical myelopathy."*

08/2023

**Journal of Clinical Medicine Travel Award – Journal of Clinical Medicine** Travel Award produced by the Journal of Clinical Medicine

03/2023

**European Vascular and Endovascular Surgery Master Study Program - UNICAMILLUS – SiNCH** Winner of the Research Grant for the European Vascular and Endovascular Surgery Master Study Program - UNICAMILLUS – UNICAMILLUS the description...

18/10/2022

**ZEISS Research Grant – European Association of Neurosurgical Societies** Utilization of a new miniature confocal microscope (CONVIVO system) to identify tumor tissue during CNS tumors resection – a preliminary prospective observational in-vivo study.

10/2018

**Best video at SIB Annual Congress (Italian Society of Basicranium), 2018, Varese, Italy – Italian Basicranium Society (SIB)** Restelli F, Tabano A, Pozzi F, Castelnuovo P, Locatelli D, *Combined multi-portal endoscopic endo-nasal and transcranial approach for a recurrent tuberculoma sellae meningioma: operative video.*

## CREATIVE WORKS

**Piano player** Attendance for ten years at the Scuola Civica di Musica in Milano with intermediate degree (fifth year) in piano. Currently attending a eighth year level course at the "Scuola Musicale" in Milan

## COMMUNICATION AND INTERPERSONAL SKILLS

**Communication Skills** Good communication skills acquired:

- during my experience as educator and sports coach
- during many medical/not medical volunteering experiences

## VOLUNTEERING

**Volunteering**

- Involvement in many volunteering/charity initiatives

## RESEARCH AND SCHOLARLY ACTIVITIES

### Research and Scholarly activities

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- Scientific Secretary for SIB (Italian Society of Basicranium), Varese, Italy, April 2018 - September 2019
- Tutor at Skull Base Dissection courses, Varese, Italy, April-December 2019
- Tutor at Neurovascular courses, Little Rock, Arkansas (USA), July-August 2015
- Tutor at INTRAOPERATIVE FLUORESCENCE USE DURING NEURO-ONCOLOGICAL AND NEURO-VASCULAR SURGERY Course at Fondazione IRCCS Istituto Neurologico Carlo Besta, Milan, Italy - yearly based, since 2022.
- Scientific Secretary for "Tecniche di Prevenzione dell Fistola Liquorale" - Fondazione IRCCS Istituto Neurologico Carlo Besta, Milan, Italy - November 2023

## JOB-RELATED SKILLS

### Job-related skills

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- Optimal capacity to cope with stressful situations
- Optimal capacity to work in a multidisciplinary team
- Good capacity to adapt to precarious work conditions

## **PERSONAL ATTITUDES**

### **Personal attitudes**

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- ■ I love sport, particularly skiing, jogging, soccer and basketball
- ■ I used to practice basketball at a agonistic level with the role of captain of the team.
- ■ I consider myself dynamic, flexible, tolerant and with a good psycho-physical strength.
- ■ Animator/Educator in youth communities
- ■ CSI (Italian Sport Centre) official basketball coach (under 15 y/o children)
- ■ CSI official basketball score-keeper
- ■ Multiple experiences as scruteneer/secretary at polling stations in Italy
- ■ Multiple work experiences as ware house supervisor (four consecutive years) in different exhibitions in Milano.

## **EDITORIAL ACTIVITIES**

### **Editorial Activities**

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Active reviewer for:

- Clinical Neurology and Neurosurgery (since 6/2017)
- World Neurosurgery (since 12/2017)
- World Journal of Surgical Oncology (since 10/2019)
- Frontiers Journals (Since 2020)
- Journal of Clinical Medicine (since 10/2021)
- Sensors (since 10/2022)

## **PERSONAL DATA**

### **Personal Data**

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This CV is issued with the function of self-certification. The undersigned is aware that, in accordance with art . 76 of Presidential Decree 445/2000, false statements, falsified acts and the use of false acts are punishable under the Penal Code and special laws. Furthermore, I authorize the processing of personal data, as provided by law 196/03.

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