

PERSONAL INFORMATION

Alberto Raggi

📍 Fondazione IRCCS Istituto Neurologico Carlo Besta
UO Neurology, Public Health and Disability
Via Celoria 11, 20133, Milano

✉ alberto.raggi@istituto-besta.it

Gender: M | Nationality: Italian

ORCID: 0000-0002-7433-7779

WORK EXPERIENCE

31/12/2019 – ongoing

Italian NHS Researcher

Fondazione IRCCS Istituto Neurologico Carlo Besta, Milano

- Research activity on disability in the field of neurological disorders and ageing. RCT on mindfulness in headaches
- Research on the Burden of Disease, with special emphasis on the burden of neurological diseases

19/04/2014 – 30/12/2019

Contract researcher

Fondazione IRCCS Istituto Neurologico Carlo Besta, Milano

- Research activity on disability in the field of neurological disorders and ageing. RCT on mindfulness in headaches
- Research on the Burden of Disease, with special emphasis on the burden of neurological diseases

EDUCATION AND TRAINING

2013-2017

PhD in Psychology and Health and Statistical Sciences

University of Pavia, Pavia

- Health Research methodology

2005-2010

Specialty in systemic-relational psychotherapy

EIST – European Institute for Systemic-Relational Therapies

- Systemic-Relational Psychotherapy, for families couples and individuals. Techniques for systemic counselling, psychotherapy phases and supervision on clinical cases.

1997-2003

Degree in Psychology

Catholic University of Milano, Milan

- General, Social, Developmental, Clinical and Group Psychology. Methodology of research in Psychology, Rehabilitation Psychology, Theories and Techniques of Tests and Interview

ACHIEVEMENTS AND AWARD

Awards

Informa Best Review Paper Award 2009

Editorial activity

Editorial board member of the following: BioMed Research International (2013); The Scientific World Journal (2013); International Journal of Rehabilitation Research (2014); Journal of Headache and Pain (2020); Frontiers in Rehabilitation Sciences (2021).

Grants

Project RF-2016 "MIND-CM"; role CO-PI. Overall funding €376.170,40, funding for the unit €106.150.
Project EU-H2020 "EMPOWER"; role PI for FINCB. Overall funding €3.993.398,75, funding for the unit €298.000

Project CARIPOLO "AMPEL"; role PI for FINCB. Overall funding €125.000, funding for the unit €34.695.

TEACHING ACTIVITY

- 2022-2022 Insubria University, "Scientific Writing" course.
2015-ongoing Istituto S. Vincenzo, Albese con Cassano (CO). Teacher for the psychology module for the professional course for health and social workers
2005-2007 Catholic University, Milano. Teacher and tutor, Master for Disability Managers.

TECHNICAL SKILLS

Definition of functioning and disability profiles in neurological diseases of adults and children through ICF and ICF-CY-based instruments.

Planning and management of observational research protocols and RCTs, preparation of research applications for national and European calls.

Preparation of scientific publications, data analysis, preparation of systematic literature reviews.

Implementation of the research activity connected to the Global Burden of Disease study in Italy. Project evaluator for AISM (Italian Association against Multiple Sclerosis), ARSEP (French Association against Multiple Sclerosis), CARIPLO Foundation and "la Caixa" Foundation.

Good skills in the utilization of main IT applications, like MS Office. Good skill in using SPSS.