

## PERSONAL INFORMATION

### Silvia Schiavolin

📍 Fondazione IRCCS Istituto Neurologico Carlo Besta  
UOC Neurologia, Salute Pubblica, Disabilità  
Via Celoria 11, 20133 Milano

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Gender: F | Nationality: Italian

ORCID: 0000-0002-5391-7539

## WORK EXPERIENCE

September 2011 - present

### Psychologist researcher

Fondazione I.R.C.C.S. Istituto Neurologico Carlo Besta, Milan

Cognitive and psychological evaluations of patients with neurological and neurosurgical diseases; research project writing, data collection, statistical analyses and scientific paper writing

October 2021 - present

### Psychologist specialising in psychotherapy

ASST Grande Ospedale Metropolitano Niguarda Ca' Granda (CPS di Via Girola), Milan  
Psychological treatments

September 2020 – September 2021

### Psychologist specialising in psychotherapy

ASST Melegnano e della Martesana (CPS di Pioltello), Pioltello (Milan)  
Psychological treatments

March – September 2016

### Psychologist (internship)

Casa di Cura privata del Policlinico – Dipartimento di Scienze Neuroriabilitative, Milan  
Neuropsychological assessment and rehabilitation

July 2015 - December 2021

Expert in the field of Neuropsychiatry, public health and disability

Facoltà di Scienze della Formazione, Università Cattolica del Sacro Cuore di Milano

Expert in the field of "Neuropsychiatry, public health and disability"

February 2010 – February 2011

### Psychologist (internship)

Clinica San Carlo – Servizio di Psicologia Medica, Paderno Dugnano (Milan)  
Psychological assessment and counselling

January 2009 - September 2010

### Educator

Best Nest srl, Milan; Azzurra Cooperativa Sociale Onlus, Milan; Cooperativa Sociale Spicchi d'Arancia, Milan

Educational support and integration in primary and secondary schools

## EDUCATION AND TRAINING

January 2020 - present

### Specialization in psychotherapy

Scuola Psicoterapia Cognitiva e Ricerca, Milan

Cognitive and behavioural therapy

November 2019

### Mindfulness teacher

### Mindfulness Based Cognitive Therapy for depression teacher

ISIMIND – Istituto Italiano Mindfulness

Mindfulness in clinical psychology

November 2016

### Academic post-graduate II level course in Neuropsychology and Cognitive Rehabilitation

Università Cattolica del Sacro Cuore di Milano Largo A. Gemelli, Milan

Neuropsychology and cognitive rehabilitation

11th February 2010

### Psychologist registered in the Psychologists' Register of Lombardy Region (n°03/13282)

24th February 2009

### Psychology degree (Clinical Psychology and Neuropsychology)

Università degli Studi di Milano Bicocca, Milan

June 2004

### Degree in Pipe Organ and Composition for pipe organ

Conservatorio di Musica "Giuseppe Verdi", Milan

**TEACHING ACTIVITY**

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January 2022 - presente    Studio RiPsi, Milan

**TECHNICAL SKILLS**

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SPSS (Statistical Package for Social Science)